



LORIEN™
hotel & spa

SWEET DREAMS, MADE EASY.



BACK

SENSE

Choose from an assortment of scented reed diffusers to aid in pleasant dreams.

These items are complimentary for use during your stay. They are also available for purchase if you'd like to take them home.

*Touch the **Dream Button** on your guestroom phone to place your order.*

Harmony (Tanenashi Persimmon) Reed Diffuser | A soothing fragrance inspired by the Tanenashi Persimmon, one of the world's most beautiful Oriental persimmons, reflects a desire to find balance with one's surroundings and with one's self.

Integrity (Persian Lilac & Bamboo) Reed Diffuser | The romance of night-blooming jasmine captured by Persian Lilac and Asian Bamboo, echoes the symbolic meaning of bamboo, which has long been considered an emblem of beauty, strength and integrity.

Remembrance (Grapefruit & Rosemary) Reed Diffuser | An unexpected blend of sparkling grapefruit with rosemary and exotic woods, awakens the personal and symbolic meaning of rosemary: fidelity, commitment and remembrance.

Wellness (Clove & Wild Ginger) Reed Diffuser | A rich merger of spices and cloves combined with the earthiness of green tea and wild ginger; a perennial native herb to China and India, ginger is well known for its therapeutic benefits.



NEXT

DRIFT

These items are complimentary for use during your stay. They are also available for purchase if you'd like to take them home.

*Touch the **Dream Button** on your guestroom phone to place your order.*

Snore-No-More Pillow | Designed by a doctor to help reduce snoring while improving your sleep posture by providing unbelievable comfort.

Buckwheat Pillow | Relieves stress, stimulates acupressure points, relaxes nerve endings, aligns neck and spine; head stays cool as air easily passes through the pillow.

Beyond Indulgence | Premium-density temperature sensitive memory foam gives great support, and luxurious feather like micro-gel fiber has the ultimate softness for perfect sleep.

Memory Foam Any Position Pillow | NASA developed foam that responds to body temperature, and conforms to shape for exceptional comfort and relief.

Body Pillow | Comfortable, huggable allergy-proof down alternative design lets you sleep peacefully.

Neck Roll Pillow | Perfect size for neck support; 100% cotton.

Bed Wedge | Elevates and supports the whole upper torso; perfect for reading.

Contour Memory Foam Leg Pillow | Aligns your back, hips, and knees; more comfort for those who suffer from back pain, as it improves spine alignment.

Contour Pillow | Temperature sensitive; reduces pressure; perfect for side, stomach, or back sleepers; hypoallergenic.

Water Pillow | Has hydrostatic buoyancy that provides natural support improving posture; therefore letting you sleep better; various levels of water allow for the adjustment of height and comfort level.

Magnetic Pillow | Reduces swelling and discomfort, relieves insomnia and fatigue, soothes muscles and achy joints, while stimulating circulation.

Aromatherapy Romance | Relaxing and stimulating blend of Vetivert, Patchouli, Ylang-Ylang and Sandalwood essential oils create a romantic ambiance.



BACK

UNWIND

*These items are complimentary for use during your stay. They are also available for purchase if you'd like to take them home.
Touch the **Dream Button** on your guestroom phone to place your order.*

Lullaby Library | Borrow an iPod and choose from an array of relaxing music, soothing sounds, white noise, or audio books to help you drift off to sleep.

iPod Speakers/Ear Buds | Whether you want surround sound or gentle echoes in your ear, we'll lend you the appropriate accessory.

Sleep Mask | Escape reality and let your mind escape to the world of slumber.

Fan | The perfect temperature is so important; let your thoughts get swept away by a cool breeze.

Heating Pad / Old Fashioned Hot Water Bottle | Relax your muscles or just keep warm and cozy.

Bedtime Story Library | There's nothing like cuddling up in bed with a good book (don't worry we'll supply a light clip). Browse through our selection of best sellers, we have plenty of options for the "little ones" as well.

Nightlight | A soft glow is often key to getting a good night's sleep in a new environment, and plus you're never too old to check under the bed. Child friendly varieties are available.

Dreamerz Chocolate Pillow | Get your nightly indulgence with a richly satisfying go-to-bed treat. These natural sleep supplements combine PharmaGABA and a low amount of melatonin (0.3mg) to promote relaxation and restful sleep.

Soothing Sound Machines | Let the sounds of nature, perfectly recreated by our sleep machines lull you into the Land of Nod.

Snore Relief Products | Choose from nose strips and earplugs available to both the *snorer* and the *snoree*.

Humidifiers | Under the weather? Our cool mist humidifiers can aid cold sufferers with a restful night's sleep.



NEXT

INDULGE

*Touch the **Dream Button** on your guestroom phone to have your choice of treat delivered to your room.*

Soothing Snacks | Treat yourself and your rumbling tummy.

Warm Milk and Cookies...**\$15.00**

Scrumptious Belgian Waffles...**\$15.00**

Comforting Steel Cut Oatmeal...**\$9.00**

Chamomile Peppermint Tea...**\$11.00**

Teddy Bear | The perfect companion to snuggle with, for adults and children alike...**\$20.00**

Kerstin Florian Lavender Eye Pillow | Lie back and place the Lavender Eye Pillow over the eyes. Let the gentle weight ease tired eyes and relieve tension while the soothing scent of lavender helps to melt away and calm senses...**\$10.00**

Karen Neuburger Socks | Soft and fuzzy footwear will help you savor life's quieter moments...**\$16.00**

Kerstin Florian Lavender Dreams Kit | Pamper yourself with this luxurious treatment including, body scrub, eye pillow, body spray, body oil, and mineral bath...**\$85.00**

All prices exclude taxes and gratuities.



LORIENTM
hotel & spa

Dare to Dream

1600 King Street
Alexandria, VA 22314
703.894.3434 lorienhotelandspa.com