

STYLE



INDULGE

KIMPTON LORIEN HOTEL & SPA

Find your center at the Kimpton Lorien Hotel & Spa

When you're ready to relieve your stress, step into the Kimpton Lorien Hotel & Spa in Alexandria, Virginia. You'll immediately feel better in the soothing environs created by noted Cuban designer Vincente Wolf.

Wave goodbye to your worries. Lose them in the luxury of pampering. The Ultimate Zen Body Experience is 80 minutes of bliss. The uplifting and rejuvenating treatment includes a full body scrub, a warm wrap, and a scalp and foot massage with your choice of signature aromas.

If you need a java jolt to renew your energy, check out the Coffee Lemon Body Scrub. This detox treatment will wake up your senses, while exfoliating your body with an invigorating mix – a blend of coffee, sugar and citrus blends.

Get your groove back with a Rose Quartz massage. Your masseuse will expertly use two rose quartz stones and aromatherapy essential oils to restore you a state of tranquility. (www.lorienhotelandspa.com).

—Sheryl Nance-Nash